



AISF

ASSOCIAZIONE ITALIANA PER LO STUDIO DEL FEGATO

Riconosciuta con D.M. del 7.5.1998, G.U. del 20.6.1998
Iscritta nell'Elenco di cui all'art. 1, comma 353, della Legge 23.12.2005 n. 266, D.P.C.M. 15.4.2011
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PUBLIC AFFAIRS AWARDS

ECCellenza 2011

SOCIETÀ
ASSOCIAZIONI
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21st AISF Pre-Meeting Course

“Lifestyle and the Liver: the New Frontier for Hepatologists”

Aula Magna, Università di Roma “Sapienza” - P. le A. Moro, 5

Rome, February 20th, 2019

Course Directors

A.I.S.F. Governing Board:

S. Petta, *Palermo (Secretary General)* - M. Masarone, *Naples* - F.R. Ponziani, *Rome* - F.P. Russo, *Padua* - M. Viganò, *Milan*
A. Vitale, *Padua*

A.I.S.F. Commission “Lifestyle and the Liver”:

A. Gasbarrini, *Rome (Coordinator)* - C. Loguercio, *Naples* - G. Marchesini, *Bologna* - G. Raimondo, *Messina*

PRELIMINARY SCIENTIFIC PROGRAMME

Wednesday, February 20th

09.30-10.30	Registration	13.30-14.40	Lunch break
10.30-10.40	Course presentation A. Gasbarrini, <i>Rome</i> - S. Petta, <i>Palermo</i>	14.40-15.00	Lecture <i>Introduced by:</i> F. Purrello, <i>Catania</i> Beyond lifestyle correction in patients with liver diseases and diabetes: Pharmacological treatment A. Giaccari, <i>Rome</i>
	Session I Scientific Toolbox: The Expert Opinion <i>Chairpersons:</i> C. Loguercio, <i>Naples</i> L. Valenti, <i>Milan</i>		Session III Cirrhosis, Nutrition and Physical Activity <i>Chairpersons:</i> F. Farinati, <i>Padua</i> G. Raimondo, <i>Messina</i>
10.40-10.55	What nutrition - A. Rivellesse, <i>Naples</i>	15.00-15.20	What role for nutritional status and physical activity on natural history? A. Berzigotti, <i>Berne (Switzerland)</i>
10.55-11.10	How to assess nutritional status E. Rinninella, <i>Rome</i>	15.20-15.40	Does lifestyle correction improve prognosis? M. Merli, <i>Rome</i>
11.10-11.35	What physical activity and how to assess it G. Grazi, <i>Ferrara</i>	15.40-15.50	<i>Discussion</i>
11.35-11.50	What stress and how to assess stress G. Addolorato, <i>Rome</i>	15.50-16.10	Lecture <i>Introduced by:</i> L. Miele, <i>Rome</i> Look to the future: The role of microbiome H. Tilg, <i>Innsbruck (Austria)</i>
11.50-12.10	<i>Discussion</i>	16.10-16.30	Coffee break
12.10-12.30	Lecture <i>Introduced by:</i> Gianluca Svegliati-Baroni, <i>Ancona</i> The liver as the mirror of body health A. Gastaldelli, <i>Pisa</i>		Session IV Surgery, Nutrition and Physical Activity <i>Chairpersons:</i> M. Cescon, <i>Bologna</i> M. Persico, <i>Naples</i>
	Session II NAFLD, Nutrition and Physical Activity <i>Chairpersons:</i> E. Bugianesi, <i>Turin</i> M. Masarone, <i>Naples</i>	16.30-16.50	Nutritional status and fitness in Pre- and Post-liver surgery - U. Cillo, <i>Padua</i>
12.30-12.50	The role of lifestyle on non-communicable disease occurrence and severity G. Riccardi, <i>Naples</i>	16.50-17.10	Nutritional status and fitness in Pre- and Post-bariatric surgery - L. Busetto, <i>Padua</i>
12.50-13.10	Strategies for liver disease prevention and treatment by lifestyle changes G. Marchesini, <i>Bologna</i>	17.10-17.30	The role of nutrition in the ERAS program R. Persiani, <i>Rome</i>
13.10-13.30	<i>Discussion</i>	17.30-17.45	<i>Discussion</i>





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17.45-18.05 **Lecture**

Introduced by: A. Craxì, Palermo

The need for a multidisciplinary approach

F. Crapitti, *Palermo*

18.05-18.20 **General Assembly I**

18.20-18.25 Closure of the Pre-Meeting

18.30-19.00 *Up to date Lecture on Specific Topics*